

Frequently Asked Questions

PKU Periflex® Junior Plus

**Use under medical supervision
 Not suitable as a sole source of nutrition**



What changes have been made to the current Periflex® Junior compared to the new PKU Periflex® Junior Plus?

We have improved the nutrition profile of the trusted Periflex Junior with the addition of:

DHA – a long-chain polyunsaturated fatty acid (omega-3 fatty acid). DHA is naturally found in fatty fish. The typical PKU diet lacks fish, which may result in inadequate intakes of DHA. Nutricia has added 64 mg of DHA for every 10 g protein equivalent (P.E.).

Proprietary Multi-fiber Blend – this is a blend of prebiotic (soluble) and insoluble fibers. PKU Periflex Junior Plus provides 4 g for every 10 g PE. Fiber, including prebiotic fiber, has been shown to support digestive health.

Updated Vitamin & Mineral profile – based on the most current recommendations by the Institute of Medicine.

Changed Macronutrient profile

Nutrient (100 g powder)	Periflex Junior	PKU Periflex Junior Plus - Plain	PKU Periflex Junior Plus - Berry	PKU Periflex Junior Plus - Vanilla	PKU Periflex Junior Plus - Orange
Calories, kcal	394	385	377	377	377
P.E., g	25	28	28	28	28
Carbohydrates, g	42	43.2	41.2	41.2	41.2
Fat, g	14	12.5	12.5	12.5	12.5

What flavors are available for PKU Periflex Junior Plus?

Plain, Berry, Vanilla and Orange

What is the age range for this product?

PKU Periflex Junior Plus is suitable for children over one year of age; especially for toddlers and young children.

Will Nutricia keep Periflex Junior?

The new PKU Periflex Junior Plus is replacing Periflex Junior because of its added DHA, fiber and improved macronutrient profile.

What will happen to Periflex® Advance?

Periflex Advance will continue to be available for older children and adults; we are not discontinuing it.

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Is the texture different?

The new PKU Periflex Junior Plus has a slightly thicker, creamier texture than the current Periflex Junior.

***Note** – powdery particles may appear due to undissolved fibers. This is a normal occurrence of products containing this type of fiber.

Can it be used in as a tube feed?

Yes.

Has the shelf life of the product changed?

No – unopened shelf life remains 18 months

Did anything change in the way the product should be stored (after opening)?

Yes, due to the inclusion of DHA, the opened shelf life has been reduced from one month to 14 days.

Has anything changed in allergens for this product?

No

Is it possible to drink PKU Periflex Junior Plus warm?

It can be prepared with warm water; however the product should not be re-heated once cooled. It also should never be prepared with boiling water. Do not boil or microwave prepared product.

*For optimum taste, patients should be advised to consume this product chilled.

What does PKU Periflex Junior Plus look like when it is mixed?

It is a creamy, smooth texture once mixed with water. Due to the amount of insoluble fiber in the product there may be a natural separation in the product overtime. However, once shaken prior to use as directed on label, Periflex Junior Plus will go back to it's creamy, smooth texture, and is perfectly safe to consume.

Have the mixing instructions changed?

The product label provides easy to follow mixing instructions on the can. A scoop holding 9 g powder (2.5 g P.E.) is included in the can as well. Please always follow your dietitian's guidance.

Are there household measurements available?

Yes, however we only have these measurements available for healthcare providers; please discuss with your dietitian.

I still have a question that has not been answered, what do I do?

Our team of Nutrition Specialists is more than happy to help. Please contact them at **1.800.365.7354** (US) or **1.877.636.2285** (Canada) (Monday – Friday, 8:30 am – 5:00 pm EST).

